The Core Self-Evaluations Scale (five-point scale: strongly disagree, disagree, neutral, agree, strongly agree)

1. I am confident I get the success I deserve in life.

2. Sometimes I feel depressed.

3. When I try, I generally succeed.

4. Sometimes when I fail I feel worthless.

5. I complete tasks successfully.

6. Sometimes, I do not feel in control of my work.

7. Overall, I am satisfied with myself.

8. I am filled with doubts about my competence.

9. I determine what will happen in my life.

10. I do not feel in control of my success in my career.

11. I am capable of coping with most of my problems.

12. There are times when things look pretty bleak and hopeless to me.